

Ephesians 4:7-16 | Growing Up

Getting Going (15 mins)

1. Settling In & Opening Prayer
2. With whom would you share your perfect meal? Who would you invite? What would you serve? (Appetizer, main course, drink, dessert)

Digging Deeper (40 mins)

1. Review:
 - a. Did you ask God to help you walk in a manner worthy of your calling this past week? Did your prayers make a difference?
 - b. Did you actively “keep the unity” this past week? If so, how?
2. Read this weeks text. Did anything particularly strike or impact you?
3. For more on spiritual gifts, read 1 Corinthians 12. How does it compare to Eph. 4? How is the body strengthened or unified through individual gifting?
4. What are some signs of immaturity (Eph. 4:14)? Maturity (Eph. 4:15)? How do we get from one stage to the other?
5. Can you give an example of truth without love, or love without truth? Can you think of a time when someone spoke the truth in love to you? Would you tell us about it?
6. Summarize Eph. 4:7-16 in one sentence.

Practical Preparation (10 mins)

1. Unity, maturity, and service in the church depend on the strength of “every supporting ligament” (or joint). How are you contributing to the growth of the body of Christ?
2. Are you a “truther” or a “lover?” What could you do to grow more balanced (be specific)?
3. What else could you do to help the rest of us toward maturity?

Parting Prayer (15 mins)

1. Ask God to show you where and how you can be serving the church and helping it grow.
2. Regularly praying for each other could be a vital part of our growing together in Christ. Would you commit to praying every day this week for each of the others in our small group?

Optional Extra Question – Where were you born and raised? What was life like growing up?